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HENRY BAKER COLLEGE MELUKAVU

Walk with a Scholar

ACADEMIC
YEAR

2018-19

FROM DARKNESS INTO MARVELLOUS LIGHT

Henry Baker College, Melukavu is a Christian, Minority, Co-Educational, Government-aided Arts and Science College Established In 1981, affiliated to Mahatma Gandhi University, Kottayam, Kerala.

REPORT

WALK WITH A SCHOLAR (WWS) PROGRAMME 2018-19

COORDINATOR

Elizabeth Joseph

Student Representatives

Saneesha Sabu(IBA His)

Nithyamol Mathews (I B.Sc Physics)

Arjun Sethuram (II BA Eng)

Litty Josh (II B.Com)

INTRODUCTION

WWS Scheme is a new initiative of the Board of Higher Education aiming to make our students competent enough to perform better in their career. It proposes to arrange specialized mentoring programs for UG students and to provide guidance for their future. The scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. This programme is meant for the best 60 students of a college who need career and academic guidance. These sixty students are to be selected from the first year and second year UG classes for the academic year 2018-19. This scheme introduces the idea of mentoring and builds up a concept of mentor as a 'Guide' and 'Friend'. Mentoring is a process where a mentor with greater experience and wisdom guides the mentee to develop both personally and professionally.

In our College WWS started functioning with an objective of helping and nurturing the inherent talents and potentials of the students by widening their areas of interest and inspiring them to aim high. As per the directions from WWS office, our college has decided to participate in this initiative. Prof. Elizabeth Joseph, Asst. Professor in English was appointed as the college level coordinator. Prof. Korah Jacob (Asso. Prof. in Economics), Prof. Dona Sebastian (Asso. Prof. in English), Dr. Disha V.J (Asso. Prof. in Chemistry), Dr. Santo Jose (Asst. Prof. in Commerce), Dr. Nisha Joseph (Asst. Prof. in History) were selected as Internal Mentors for the I year students. Prof. Ajitha V.R (Asso. Prof. in Hindi), Prof. Shinu Thomas P (Asst. Prof. in Commerce), Prof. Ashly Mereena Mathew (Asst. Prof. in Commerce), Mr. Krishnadas Chinnappan (Guest Lecturer) in History, Ms. Ardra .S. Nair (Guest Lecturer in Physics) were selected as Internal mentors for the II Year students.

ONE DAY ORIENTATION PROGRAMME FOR COORDINATORS

On 10/09/2018 a one day orientation programme was arranged for the coordinators of WWS at Loyola College TVM and Prof. Elizabeth Joseph represented our institution. According to the Guidelines given there a monitoring cell was formed in the college on 19/9/2018.

INAUGURAL CEREMONY

The programme was inaugurated by our Principal Dr. Gireeshkumar G.S on 9 August 2018. Dr. Gireeshkumar G.S, addressed the gathering, Prof. Korah Jacob delivered the keynote address and co-ordinator Prof. Elizabeth Joseph gave a brief description on the aims and objectives of WWS. After that applications were invited and 60 students were selected from different departments on the basis of their marks from plus two. The mentees were grouped into six according to their interests and each internal mentor was given charge of each group.



INDUCTION PROGRAMME

According to the instructions given in the orientation programme induction training was conducted in our college for the internal mentors on 27/09/2018. All the internal mentors were assembled together in the seminar hall and WWS coordinator discussed the guidelines of WWS and provided awareness about the importance of the programme in detail. A Stationery Kit was distributed amongst them.



ONE DAY ORIENTATION PROGRAMME FOR THE INTERNAL MENTORS

A one day orientation Programme was conducted for the internal mentors on 8/10/18 at Govt. College Nattakom as per the direction from the office of New Initiatives in Higher Education. Three of our Internal Mentors attended the Programme. Prof. Ajitha V.R, Dr. Disha V.J and Mr. Krishnadas Chinnappan represented our institution. The mentors were highly motivated and inspired by the orientation class.

INTERNAL MENTORING SESSIONS

10 hours of internal mentoring were conducted for mentees by respective internal mentors each .Due to the hectic schedule of university exams and other programs associated with the college we could start the mentoring sessions towards the end of November. Despite all the obstacles a total of 100(50 for I DC and 50 for IIDC) sessions were conducted effectively by our mentors. Internal mentoring sessions were conducted as per the convenience of internal mentors and mentees. Different mentors followed different methods for internal mentoring. As part of the internal mentoring, the mentors discussed family issues, academic issues, carrier options, personality problems, communication problems etc with their mentees.





EXTERNAL MENTORING SESSIONS

From a panel of eminent personality we selected 8 internal mentors who made remarkable contributions in various fields. After obtaining approval from the college level monitoring committee, External mentoring sessions were arranged on Saturdays. Tea and Snacks were provided to both the mentors and mentees. The feedback from the students revealed that they were highly benefitted from the session.

SI.NO	DATE	EXTERNAL MENTOR	CLASS	TOPIC
1	19-01-2019	Mr. Sebin. S. Kottaram	IDC	Goal Setting, Career Guidance, Failure Management, Positive Attitude
2	2/02/2019	Dr. Mathew K.A	IDC	Interview Skills, Mock Interview
3	9/02/2019	Dr. P Muhammed Rafeekh	IDC	Interpersonal communication Skills, Positive mental attitude and interview skills.
4	16/02/2019	George Karunackal	IDC	Self awareness, Strength analysis, Values, Goal setting
5	23/02/2019	P.V Joseph	IDC	Group Discussion
6	12/01/2019	P.V Joseph	IIDC	Civil Service Orientation, Higher studies options and Motivation.
7	19/01/2019	Nidhin Krishna	IIDC	Success, Career Designs, Values, Attitudes, Goal Setting, problem solving
8	10/02/2019	Mr.Sebin. S. Kottaram	IIDC	Public speaking, Interview techniques, Confidence building, Goal setting

9	16/02/2019	Benny Kurian	IIDC	Attitude, Communication skills, Public speaking
10	23/02/2019	Motti Thomas Zachariah	IIDC	Developing competency



STATE MOTIVATION CAMP

One of our second year Mentees Mr. Arjun Sethuram attended a three day residential camp conducted at Rajagiri College of Social Sciences, Kalamassery, Kochi from 29/1/19-31/1/19. The camp was highly informative and inspiring. He shared his experiences with other mentees with a positive zeal.

STUDY MATERIALS AND STATIONERY KIT

We purchased books in various genres in order to support our mentees in their academics. Excellent motivational and career oriented books along with the subject specific books were collected from the current books, Kottayam. Monitoring committee, Our Principal, Mentors and Mentees gave their valuable suggestions in the selection of these books

College cooperative society purchased stationery kit for sixty students. It includes a file, notebook and pen.

CONCLUSION

Unavailability of fund, hectic schedule of university exams, flood and its aftermath, commencement of centralized valuation camp, college union activities, etc created lots of obstacles in our journey. Anyway we are so happy that we could complete the programme fruitfully despite all those hindrances. We can proudly declare that we utilized one lakh eighty four thousand four hundred rupees allotted for us. We hope that through the

platform of WWS we are able to mould a group of youngsters and guide them in accordance with their interests. We realize that through various activities our mentees are motivated to a great extent with a new enthusiasm and this will surely help them to achieve their goals.

Coordinator

Elizabeth Joseph

